

PATIENT OF THE MONTH

May 2007



My chronic pain started in January 2004. I believe it resulted from an injury I sustained early that month. What I know is that my lower back ached all day and all night for 9 months before I did anything about it. Then a "friend" suggested I see a chiropractor. Initially, I was skeptical of the chiropractor's techniques. After all, my mom had said, "If you pop your knuckles you'll get arthritis." However, I scheduled an appointment with a "low impact" chiropractor. After a couple thousand dollars and six months down the tube I was no better. So, I gave up. About six months later, my mother-in-law recommended Dr. Erica who had helped her get over her pain. She said Dr. Erica's techniques were different than other chiropractors. So, I decided to give her a shot. Dr. Erica did a full analysis/consultation up front and recommended a plan of action. I started the program and saw an immediate improvement. So I continued on the program. After several months my pain level had decreased from a 7/8 to a 3/4. However we hadn't fully eliminated the pain. So Dr. Erica suggested using Therastim to get me over the hump. Wow! I had found my nirvana. The Therastim immediately relieved my pain and changed my daily attitude significantly. After a few treatments my pain level reduced to a 1/2. Now, I sleep better, can drive long distances without pain, stand up without pain and enjoy life so much. I would highly recommend Dr. Erica's services. If you really want to feel better quicker, especially for chronic lower back pain, try the Therastim treatment. I did and I now feel like a million dollars. Thanks Dr. Erica!

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