

Foot Pain Sufferers: WARNING—Don't Waste Hundreds Of Dollars on Orthotics Until You Learn How to *Virtually Eliminate Foot Pain Without Drugs, Orthotics or Surgery* at Your Free Consultation

Centennial—If foot pain or numbness is killing you and makes you want to cry, then you'll be amazed to know that a new effective treatment can quickly relieve numb, burning, achy, painful feet. Most patients with plantar fasciitis, tendonitis, neuromas, heel pain and neuropathies use our treatment protocol with great success! In fact...

Our patients regularly throw out their orthotics by their second treatment and never need them again.

Forget wearing clunky, ugly shoes to fit your bulky orthotics. And don't even waste the money on them until you find out if *this* protocol will help you.

Are you "managing" the pain?

When the pain or numbness started, you probably stretched your feet in hopes of relief. Then you may have tried physical therapy. Maybe you even got injections of pain medicine. Long-term, you were probably advised to get orthotics and take anti-inflammatories as needed to manage your burning, aching, numb feet. If this is you and you're still just "managing the pain," then...

The underlying problem may still be there.

Frustrated that doctors couldn't even find anything wrong with your feet? Bad skeletal mechanics may be a major culprit; that is, bones in your spine and feet are moving wrong. This tugs and pulls on the muscles and ligaments that go to the hips, then to the legs and then to the feet. The secret to this method is...

Realign what your body can't realign on its own.

There's one direction that your foot and back bones can't move by themselves—because there's no muscle there to do it for them. These are the misalignments that are fixed. Your body fixes other misalignments on its own between treatments—this is called unwinding. The focus is *correct structure* which allows *correct function*: untwist what is causing pressure, leading to your painful joints.

If you are thinking of spending \$500 or more on custom orthotics and shoes...

and physical therapy, injections and other chiropractic techniques haven't helped you, and you DON'T want to rely on medication, then you must...

See if our protocol can eliminate your fear of morning foot pain.

Or see if it can help the neuropathy that's driving you crazy and has you pacing the floors from the aching and numbness. Dr. Erica Kasprzyk, DC has been using this method for over seven years. She is the most experienced chiropractor in the Metro Denver area using it. Since foot pain sufferers commonly have other complaints, as well, you'll be glad to know that...

This protocol also works well for unwinding other problems like...

headaches, neck and arm pain, numbness in the hands, carpal tunnel syndrome, mid-back pain, low back pain with numbness/pain into the leg, general stiffness, and bad posture.

Come meet Dr. Erica for a free consultation.

There is absolutely no obligation to receive any services from our office. In fact, if you feel that you're pressured to schedule any kind of service after your consultation is over, then simply tell Dr. Erica or her assistant and Dr. Erica will give you \$25 cash on the spot.

Call 303-738-0390 24 hours a day to schedule your free consultation.



ORTHOTICS FREE! After Dr. Erica gave me my first adjustment, she asked me to try to go without my orthotics to see if I could walk without pain until my next appointment. Much to my surprise I've never used them since. I feel like the \$1,000 + spent and the embarrassment of always wearing "old lady" shoes was a waste I could have saved with proper body alignment.

Jan Black, Aurora, CO

TENDONITIS? For the past eight years I have suffered with Tendonitis in my feet. I was diagnosed with this problem six years ago and the pain that I had was horrible. I dreaded getting up in the morning as it was so painful to even touch

my feet to the floor that I almost had to crawl to the shower in the morning.

I was told I would need to wear orthotics in my shoes. Those of course wear out when you have to wear them every day and are not cheap.



In 2001 a friend told me about the Good Feet store and after purchasing the inserts, which are not cheap either, I had relief, but I could not go without wearing my inserts for more than an hour. No more pretty shoes for me, I was destined to wear tennis shoes the rest of my life since the inserts were too wide to fit into regular shoes, even flat shoes.

I met Dr. Erica Kasprzyk at a health fair that was held at our office. I must say I was skeptical as I had gone to chiropractors and was told by my physician that I would have to live with the pain from the tendonitis.

I set up an appointment and met with Dr. Erica and to my wonderful amazement, after two, just two treatments, I have been out of my Good Feet orthotics since. Little did I know or realize that my back being out of adjustment and not being treated the correct way had been causing this.

I am happy to say I can now run around barefoot and am looking forward to walking thru the grass in my back yard next summer for the first time in eight years, barefoot! And I am happy to say I am starting to wear "NORMAL" shoes again!

If any doctor ever tells you, "you have to live with the pain" and take pain pills, don't listen.

Chiropractors are not the "evil" that your family doctor wants you to think they are. I am also sleeping better than I have in a very long time.

I am standing up straight, shoulders back like mom always said, without even trying, no stress in my shoulders from sitting typing all day, because my back is in better alignment.

Thank you Dr. Erica Kasprzyk for giving me a normal life back.

Adele Arnbrecht, Denver, CO